

OVERACTIVE BLADDER (OAB)

Clinical Evidence



DISEASE PREVALENCE

Prevalence



CONSERVATIVE THERAPIES

Behavioral Therapy



Medication



ADVANCED THERAPIES

Sacral
Neuromodulation



OnabotulinumtoxinA
(Botox®)

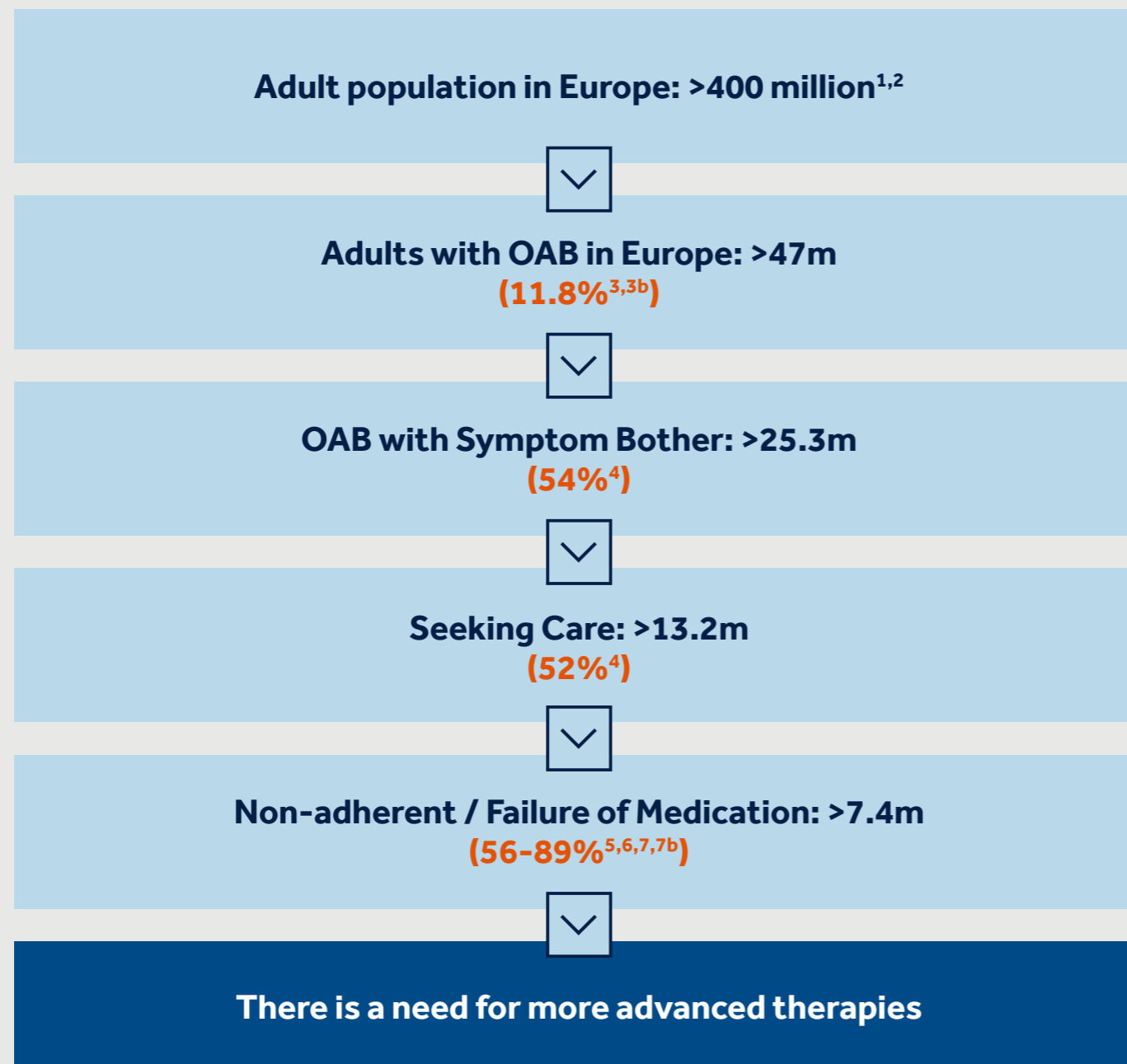


Resources



Medtronic

OAB IS A HIGHLY PREVALENT AND UNDERTREATED DISEASE



Up to

50m

suffer from OAB
in Europe.



BEHAVIORAL THERAPIES

- Bladder training
- Pads
- Pelvic floor muscle training
- Fluid management

Behavioral therapies may be combined with anti-muscarinic therapies or a β -3 Agonist.

PADS

PELVIC
FLOOR
EXERCISES

FLUID
AND DIET
CHANGES

BLADDER
TRAINING



LONG-TERM ADHERENCE TO CONSERVATIVE TREATMENT IS POOR

23%

Behavioral treatments^{8,8b}

≤ 44%

Medications^{5,6,7}

at 12 month follow-up

Efficacy
of Medication

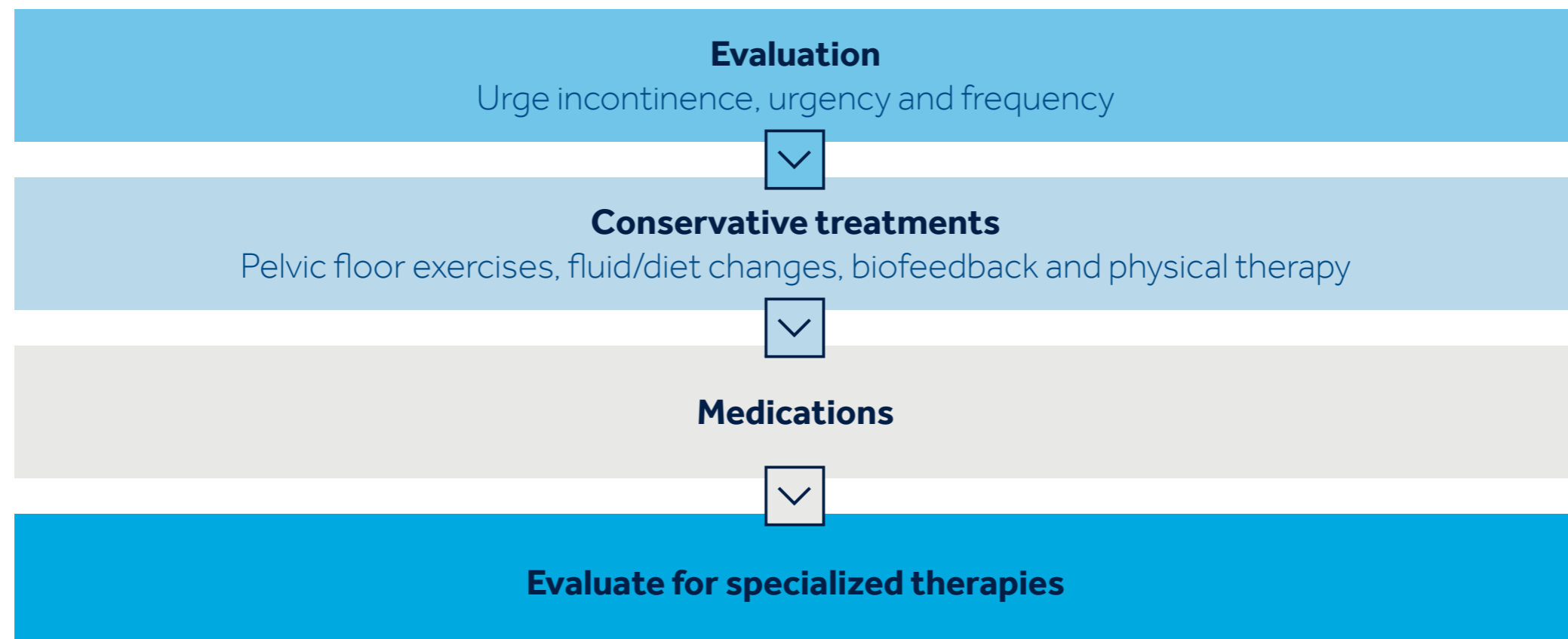


Mechanism
of Action



TREATMENT PROGRESSION

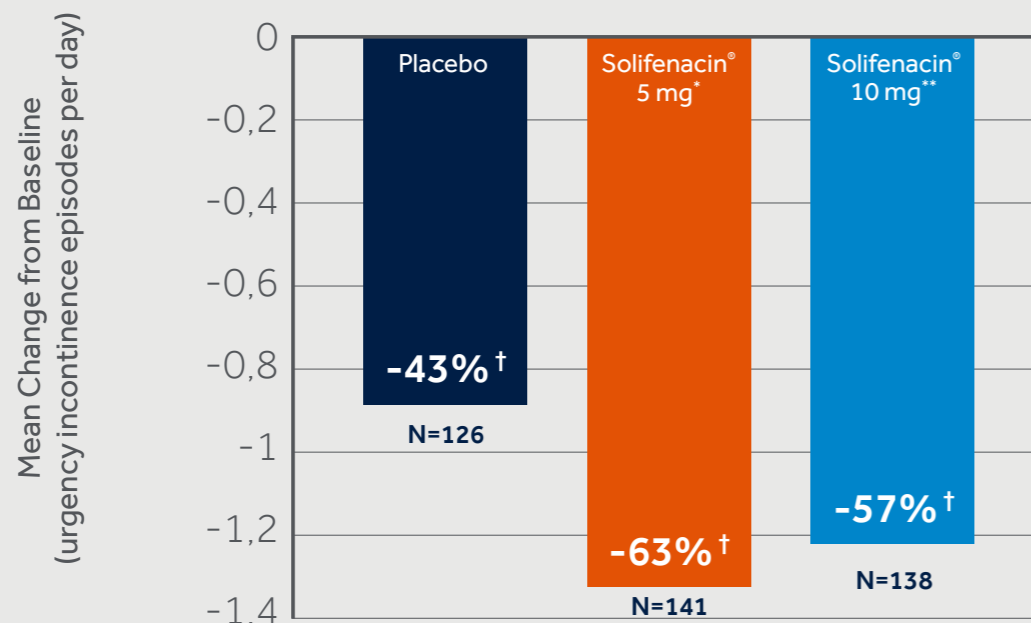
ICI guidelines



MEDICATION

SIMILAR EFFICACY, DIFFERENT SIDE EFFECTS

Solifenacin® vs. Placebo



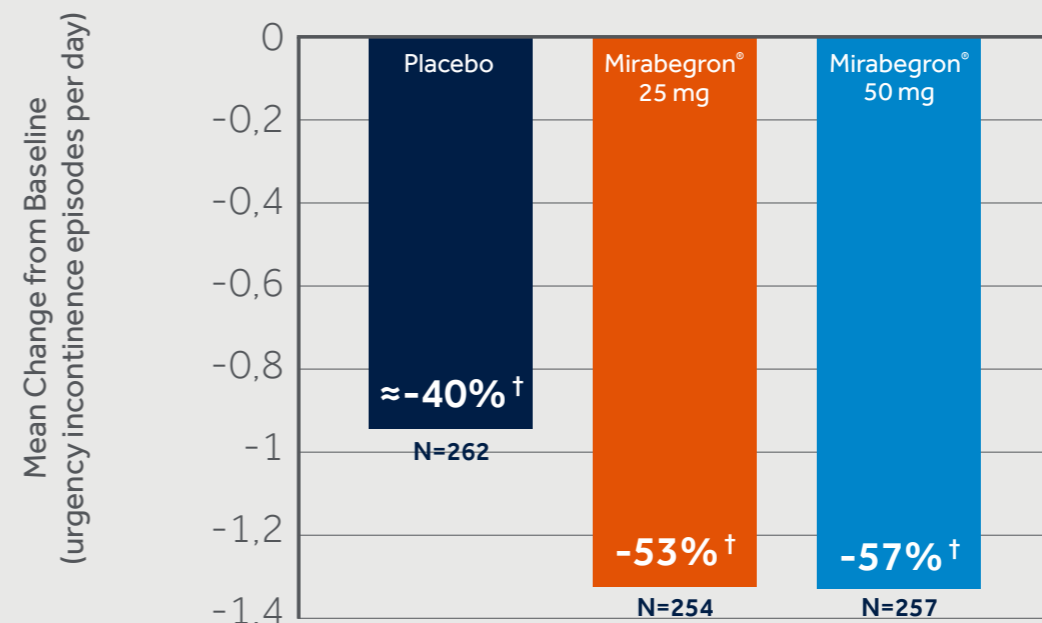
* P = 0.014 (Placebo vs. Solifenacin 5 mg)

** P = 0.042 (Placebo vs. Solifenacin 10 mg)

[†] Reduction in urge incontinence episodes per day on a percentage basis

Major adverse events included dry mouth, constipation, and blurred vision.

Mirabegron® vs. Placebo



[†] Reduction in urge incontinence episodes per day on a percentage basis

Most frequent adverse events included hypertension, nasopharyngitis, urinary tract infection and headache.



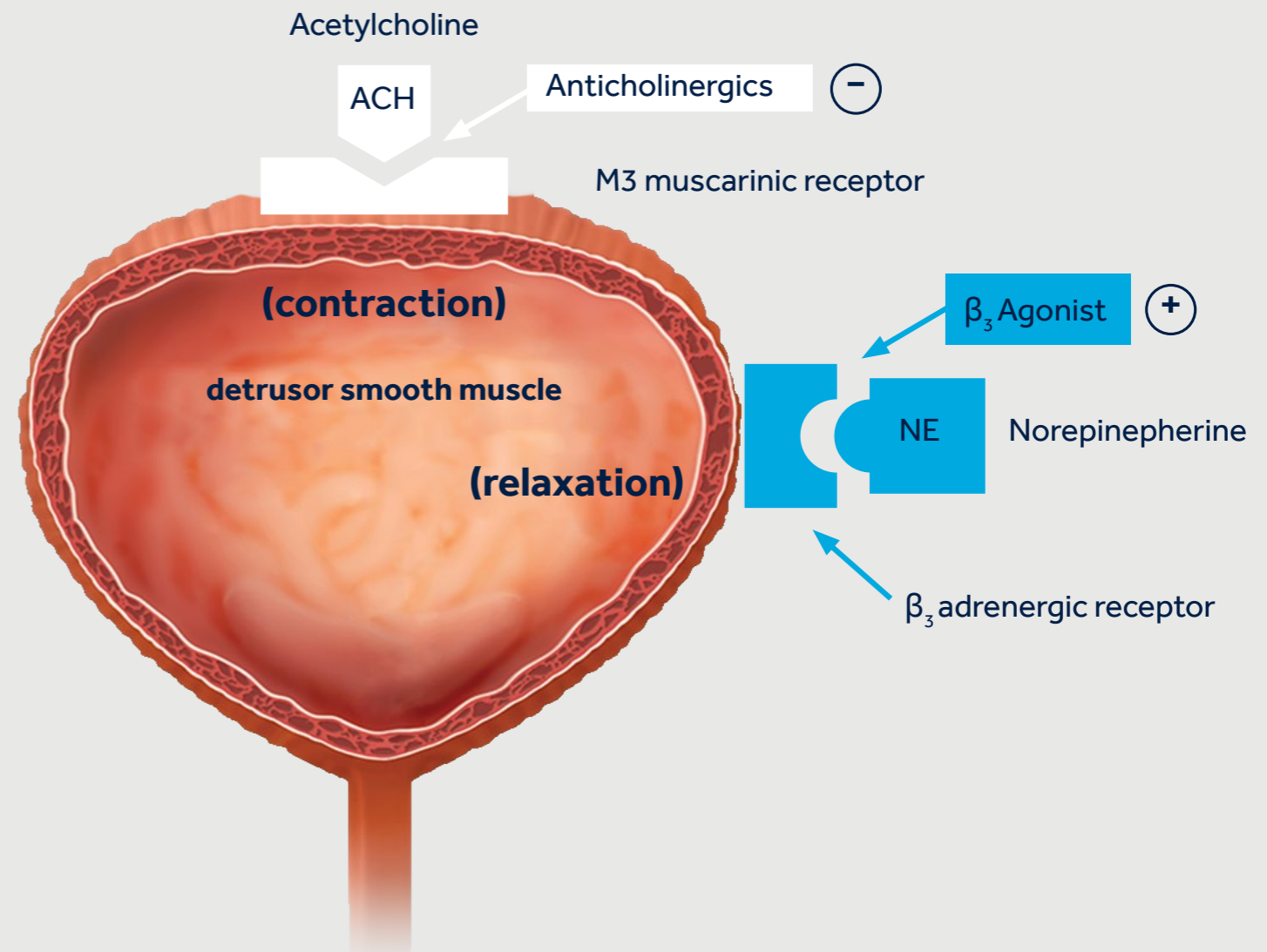
HOW MEDICATION WORKS

Anticholinergics

Impacts M3 receptors to inhibit detrusor contraction.¹¹

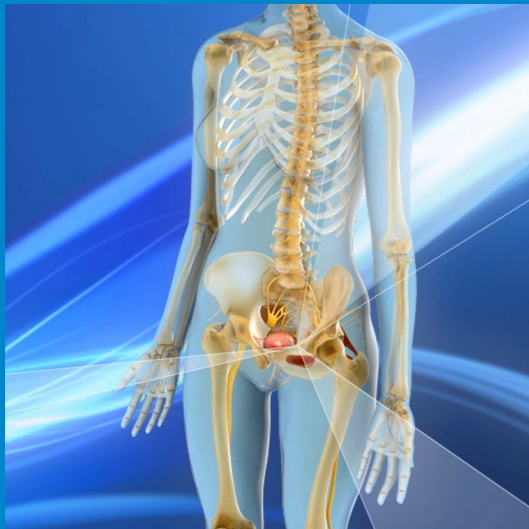
β_3 Agonist

Impacts β_3 adrenergic receptors to relax detrusor muscle during filling phase.^{11,12}



SACRAL NEUROMODULATION (SNM)

Mechanism
of Action



Patient
Selection



Efficacy



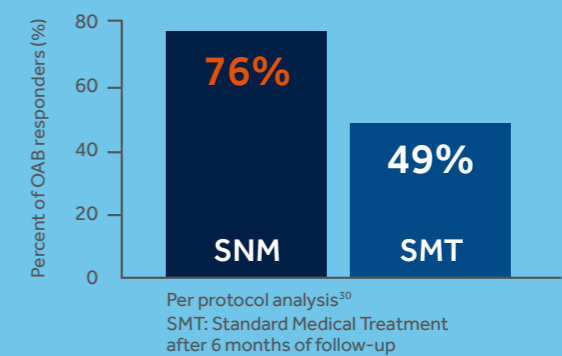
Quality of life



Safety



Patient preferences



LEADING THEORIES IN **MECHANISM OF ACTION**

Restoring function
by targeting bladder-
brain communication in
idiopathic OAB patients.

Normal bladder function



Dysfunction of
afferent signaling in OAB



How does SNM work



InterStim™ implant

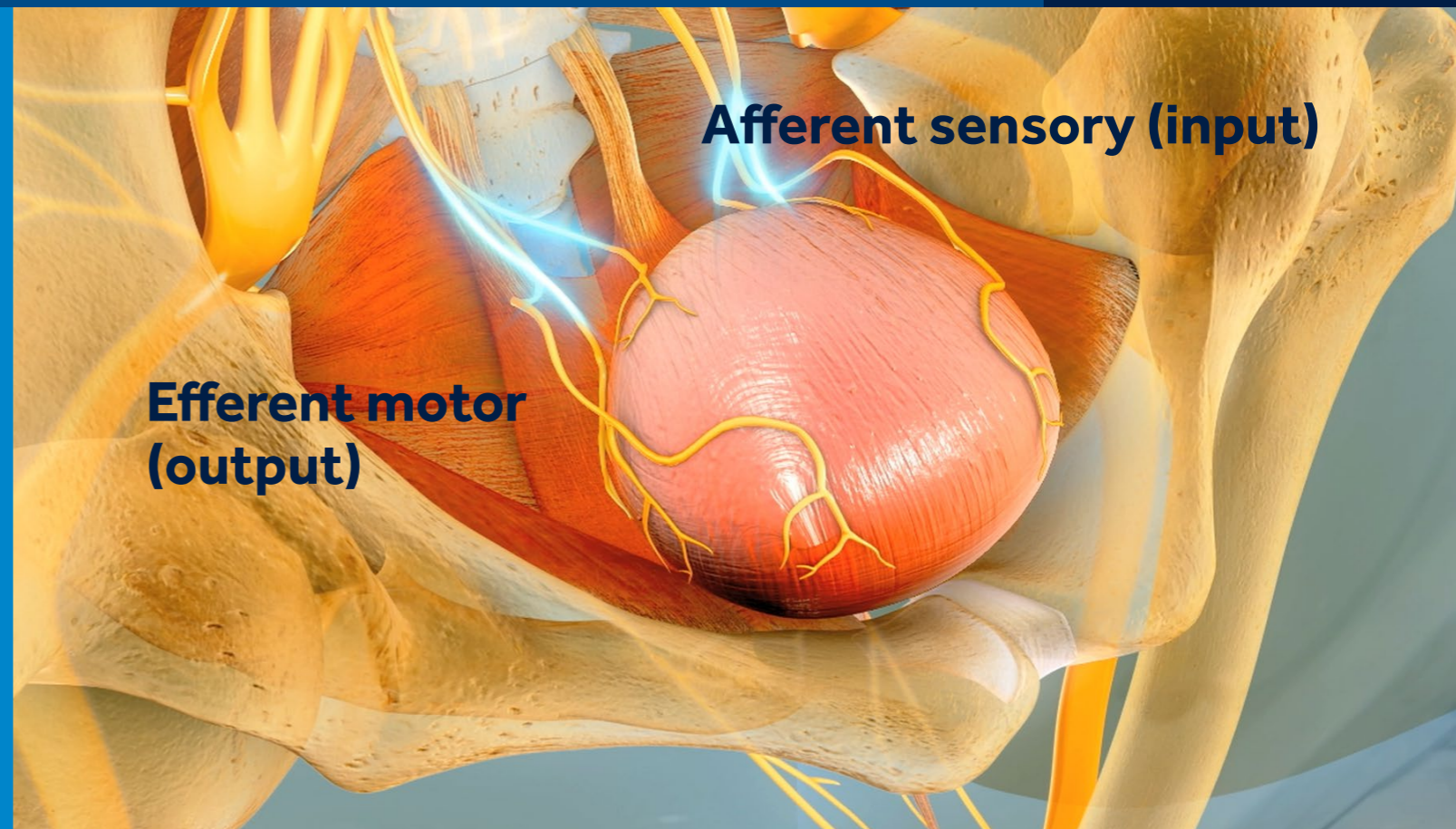


NORMAL BLADDER FUNCTION

Afferent sensory pathways convey sensory information on bladder fullness.^{13,14,15}

Efferent motor pathways respond, resulting in voluntary urine control.^{16,17}

Dysfunction of the afferent neural pathways alters the balance of inhibitory and excitatory stimuli critical to voluntary bladder control.¹⁸

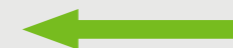
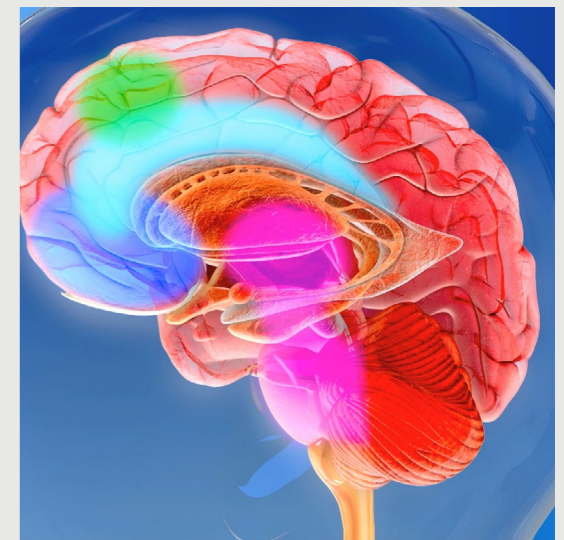
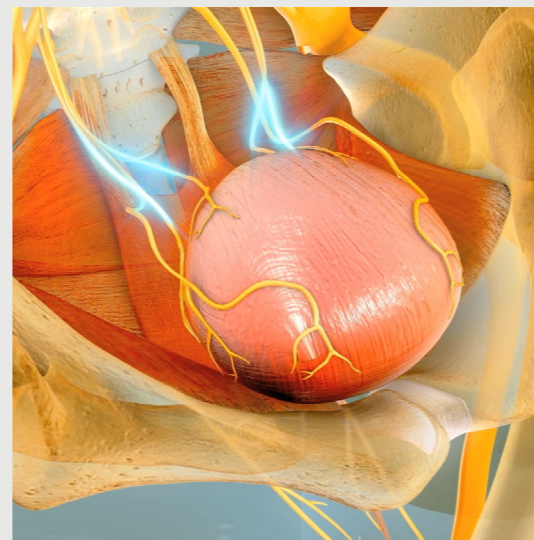


DYSFUNCTION OF AFFERENT SIGNALING IN OAB

OAB (Overactive Bladder) may be a result of increased abnormal afferent activity, resulting in increased efferent signaling.^{15,18}

Consequently, voluntary control of micturition is compromised.¹⁸

Abnormal afferent activity



Increased efferent activity stimulates urgency

HOW DOES SNM WORK?

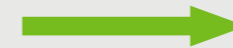
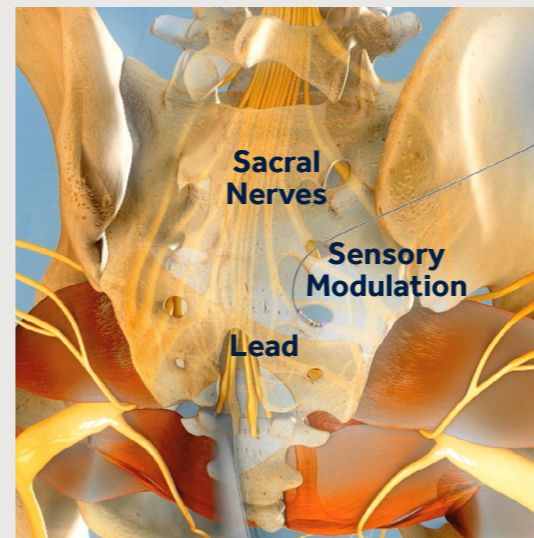
Sacral neuromodulation electrically stimulates somatic afferent nerves in a sacral spinal root and sends signals to the CNS.¹⁸

The action potentials induced by electrical stimulation are thought to alter abnormal sensory input from the bladder.^{14,19}

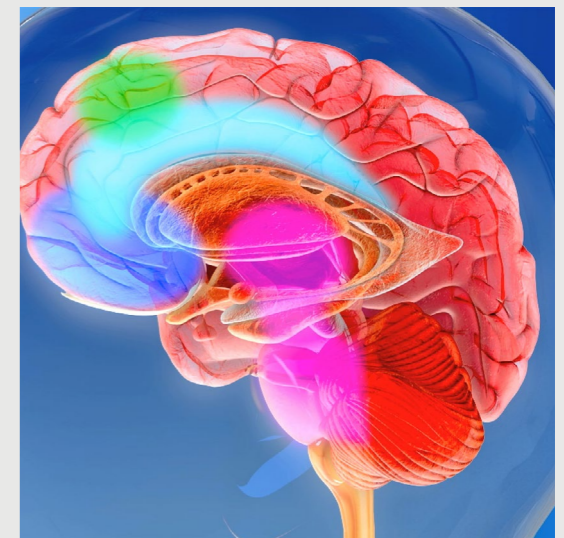
Efferent pathways are uninhibited so as not to suppress voluntary voiding.²⁰

Unlike other therapies that target the bladder, bladder regulation occurs without directly influencing the bladder or sphincter muscles.²¹

Normalized afferent activity



Normalized storage



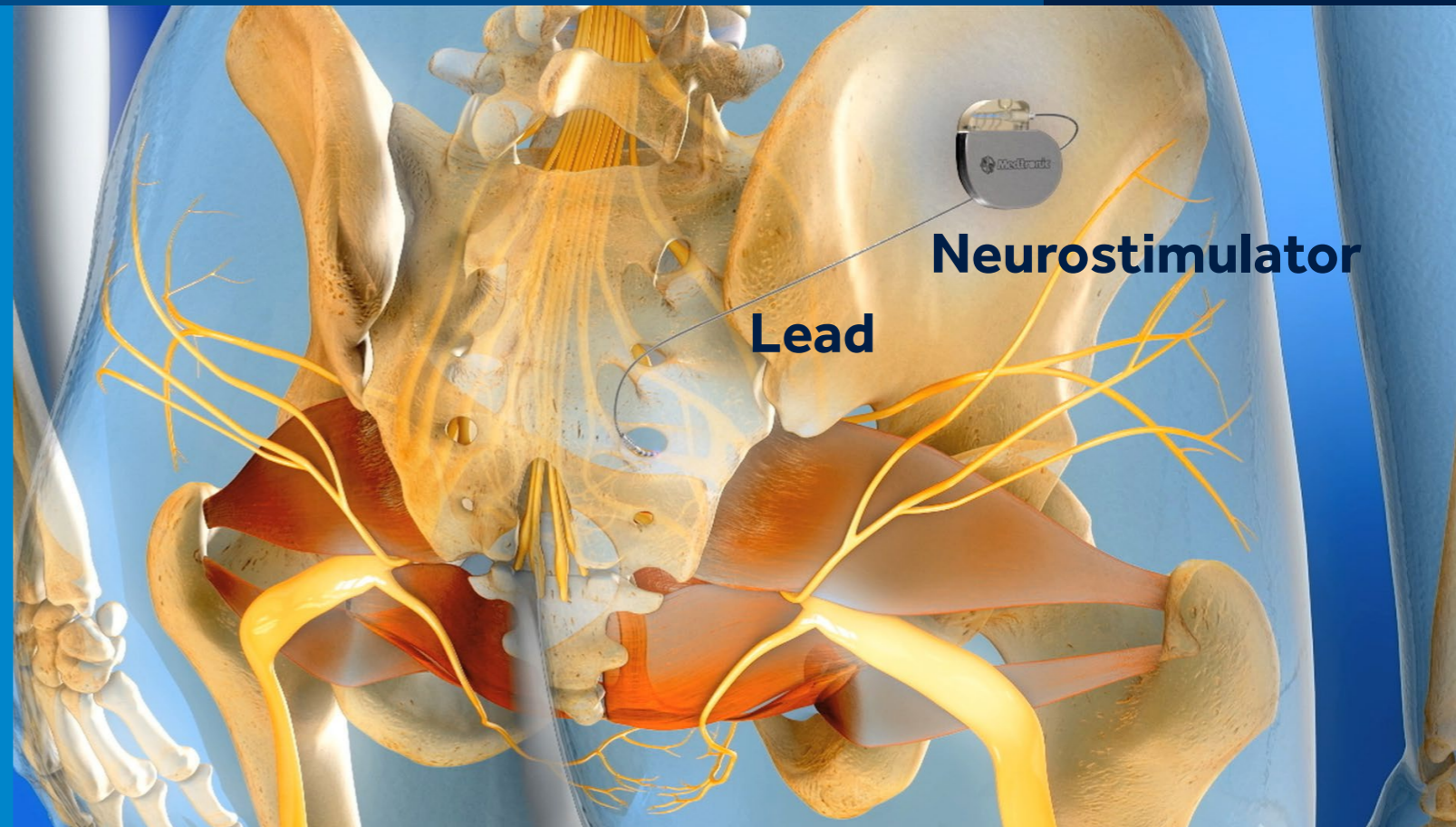
Efferent activity



INTERSTIM™ IMPLANT

Medtronic sacral neuromodulation sends electrical stimulation to the sacral nerve via the InterStim™ System, which includes an implanted neurostimulator and a lead.

The sacral nerve, in particular influences pelvic floor behaviour and is believed to modulate neural reflexes.²²

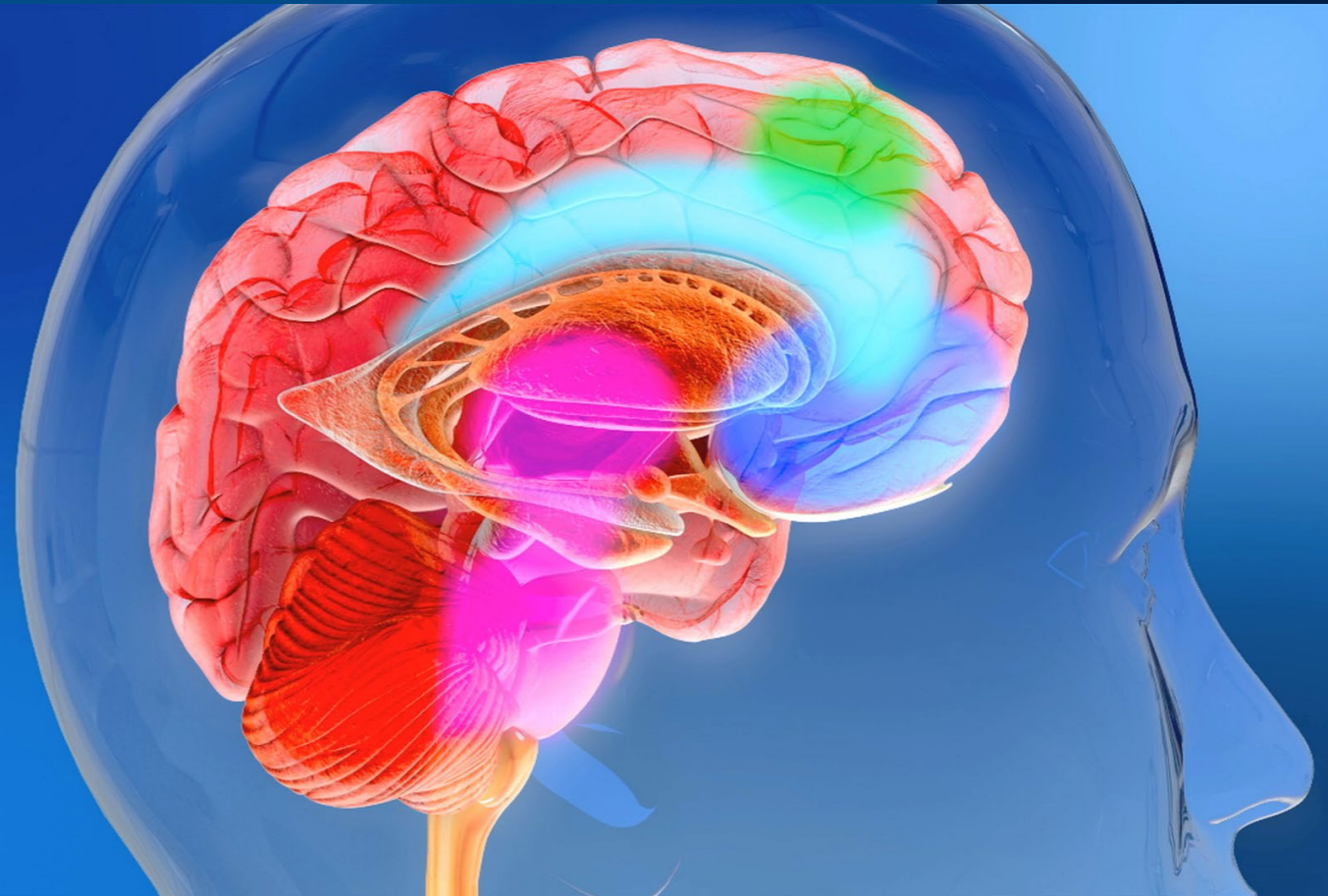


MEDTRONIC SACRAL NEUROMODULATION

MECHANISM OF ACTION

SNM appears to modulate cortical and subcortical structures, which are important for alertness and attention, the timing of micturition and sensation of bladder filling. Acute SNM modulates predominantly areas involved in sensorimotor learning²³.

A joint mechanism of action of SNM for bladder and bowel dysfunctions reflects expert opinion²⁴.



SELECTING APPROPRIATE PATIENTS

- Urge Urinary Incontinence (OAB wet)
- Urgency Frequency Syndrome (OAB dry)
- Non-obstructive Urinary Retention
- Chronic Fecal Incontinence
- Mixed urinary incontinence where Urge Incontinence is the primary complaint

For patients who have failed or were not able to benefit from more conservative treatments



INSITE TRIAL

PATIENT SELECTION FOR OAB²⁵

Inclusion criteria

- Diagnosis of OAB (≥ 8 voids per day and/or ≥ 2 involuntary leaking episodes in 72 hours)
- Failed or are not a candidate for more conservative treatment (e.g., pelvic floor training, biofeedback, and behavioral modification)
- Failed or could not tolerate at least one antimuscarinic medication and have at least one antimuscarinic medication not yet attempted

Exclusion criteria

- Skin, orthopedic, or neurologic anatomical limitations that could prevent successful placement of an electrode
- Neurological diseases such as multiple sclerosis, clinically significant peripheral neuropathy, or complete spinal cord injury
- Knowledge of planned MRIs, diathermy
- Primary stress incontinence or mixed incontinence where the stress component overrides the urge component
- Symptomatic urinary tract infection
- Pregnant or planning to become pregnant

* The list is not exhaustive



PATIENT SELECTION

WHAT IS REFRACTORY OAB?

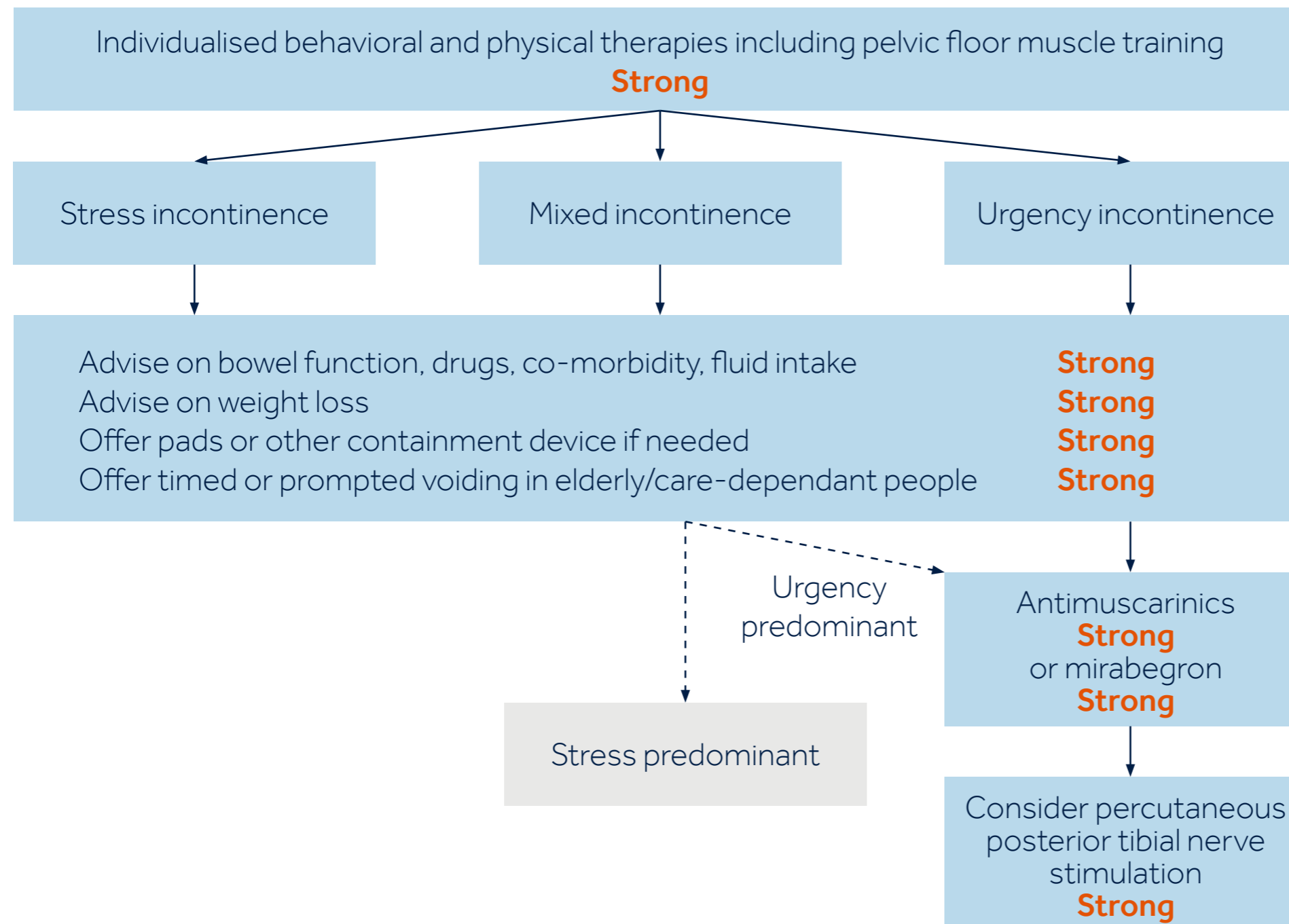
Although there is no agreed definition of refractory OAB and failure of pharmacotherapy, **a treatment period of 8–12 weeks with medications** has been recommended, before considering second-line therapies such as sacral neuromodulation or intradetrusor botulinum toxin injections^{26,27,27b,27c}.

In the INSITE trial 53% of patients had not more than two OAB medications prior to SNM implant²⁵.



WOMEN WITH URINARY INCONTINENCE

EAU GUIDELINES 2018²⁹

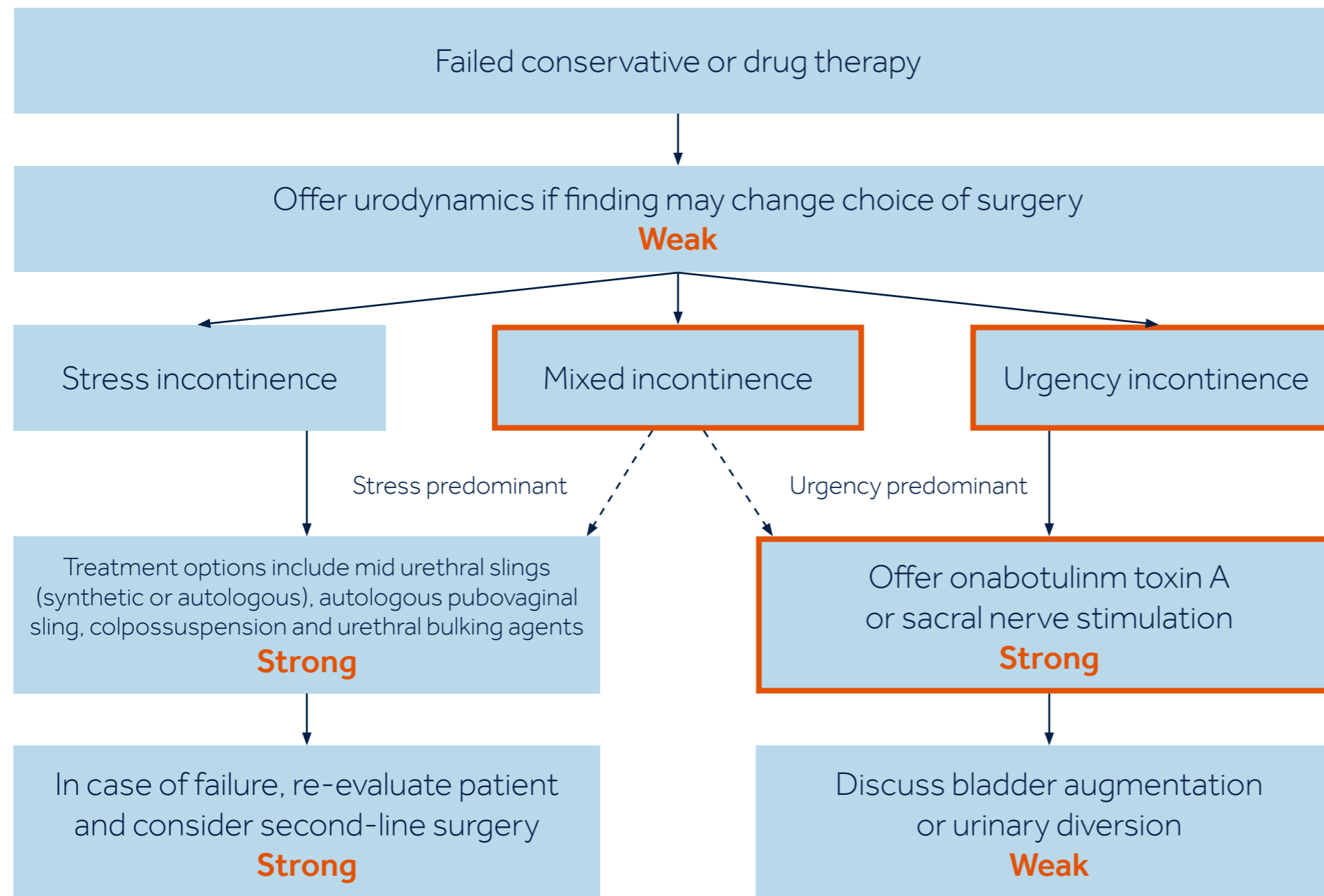


**Conservative /
Medical Therapies**



WOMEN WITH URINARY INCONTINENCE

EAU GUIDELINES 2018²⁹

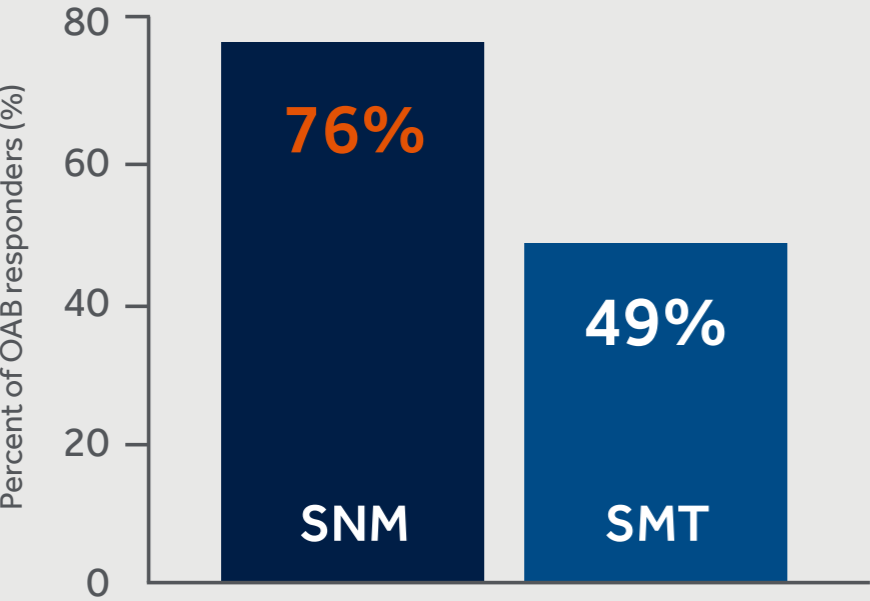


**Failed Conservative /
Medical Therapy:
Advanced Therapies**



SUPERIOR EFFICACY VS. MEDICATIONS AT 6 MONTHS

Overall Symptom Improvement³⁰



39%

Complete Continence

For subgroup of patients with UI at baseline, complete continence was achieved in 39% of SNM and 21% of SMT patients³⁰ (p=0.06)

SMT Standard Medical Treatment

Other specialized therapies

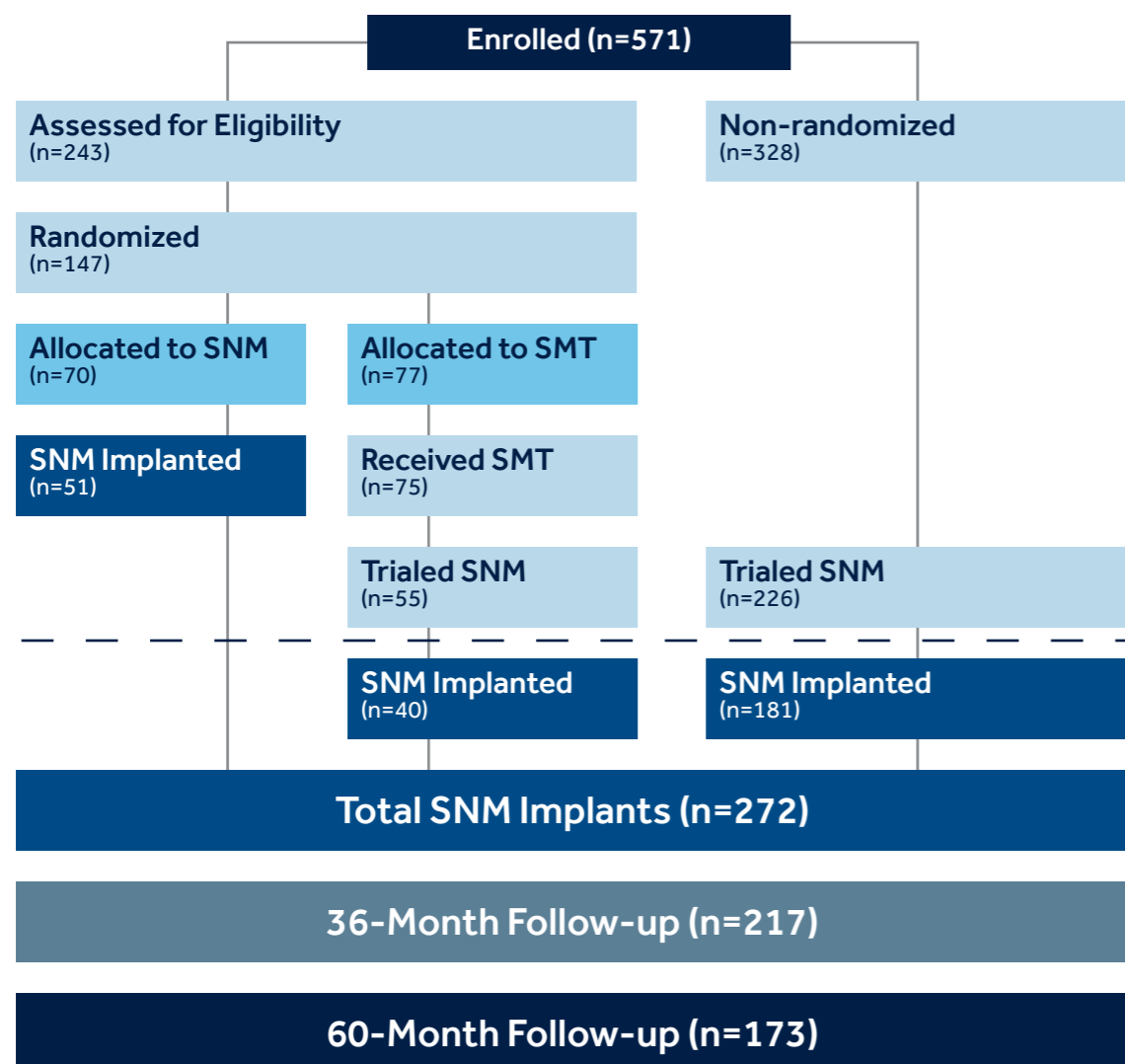


Numbers reflected as treated analysis, defined as subjects with diary data at baseline and 6 months; subjects are grouped based on treatment received (p<0.01): Intent to treat results, which include all randomized subjects, are 61 % for SNM and 42% for medications (p=0.02).

Therapeutic success was defined as a UUI or urgency-frequency response of ≥50% improvement in average leaks or voids per day or return to normal voiding.



INSITE STUDY DESIGN



Phase 1: Randomized

SNM vs. SMT (6 months)

Patients randomized to Sacral Neuromodulation (SNM) or Standard Medical Therapy (SMT) in 1:1 ratio

6-MONTH FOLLOW-UP

Phase 2: Long Term

SNM Long Term (5 Years)

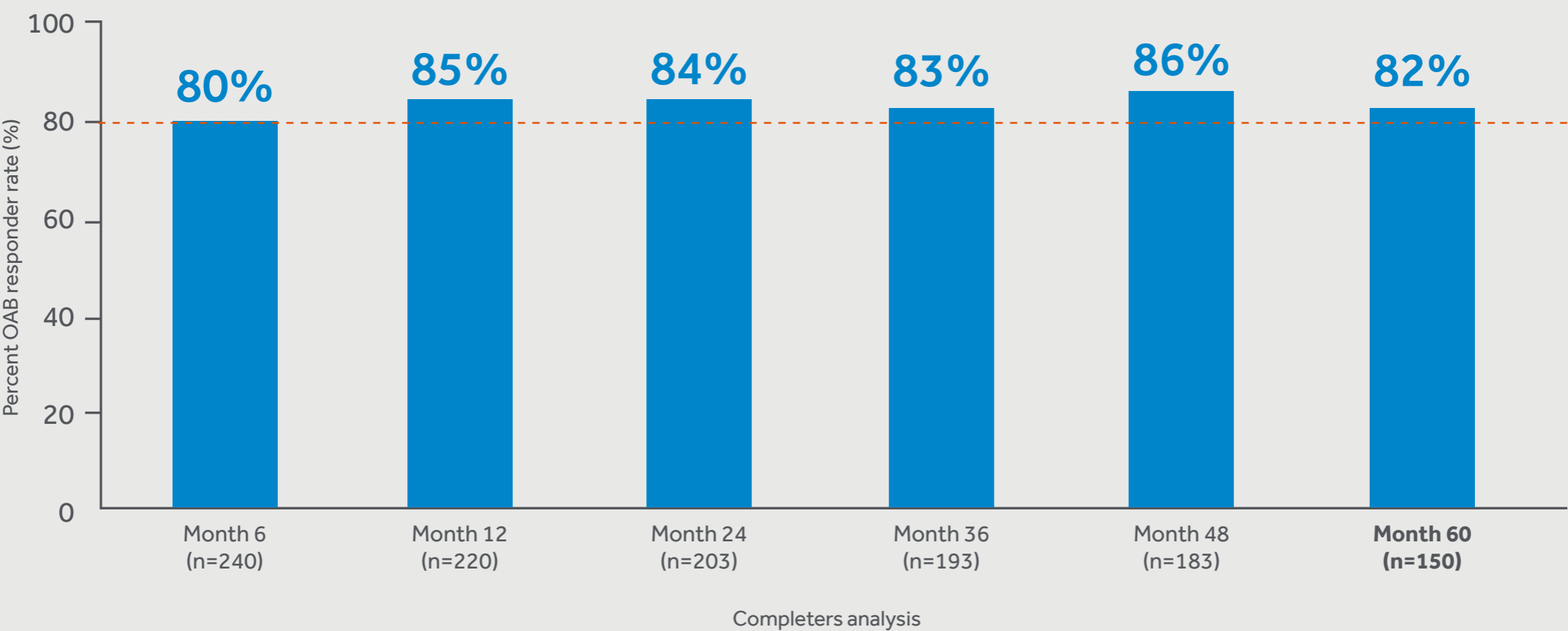
Evaluation of the safety and efficacy of SNM to 5 years for all implanted patients



LONG-TERM OAB THERAPEUTIC SUCCESS³¹

PROVEN EFFICACY

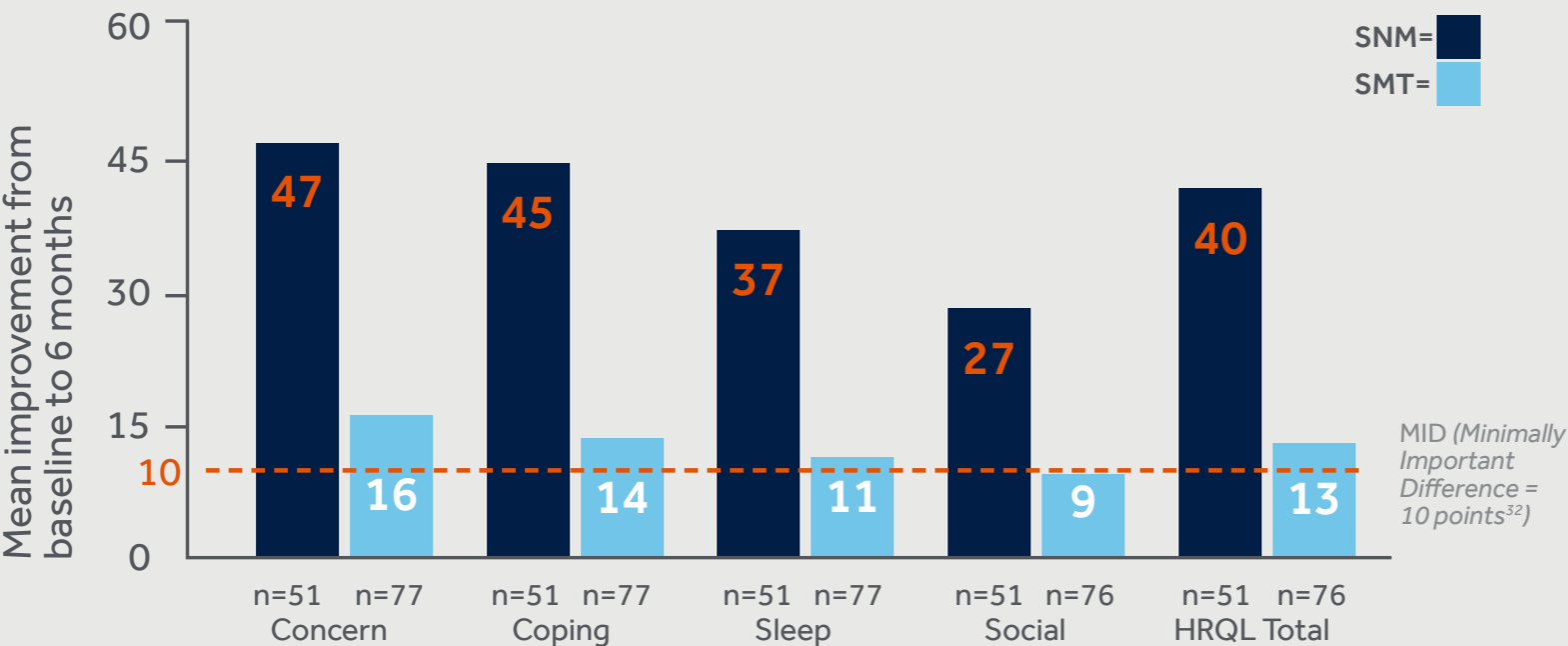
SNM Demonstrates Sustained Long-term Efficacy



Modified Completers analysis was 82% at 12 months, 76% at 36 months and 67% at 5 Years.
OAB response was defined as either ≥50% improvement in leaks/day for UI subjects or ≥50% improvement in voids/day or a return to normal voiding frequency (<8 voids/day) for UF subjects.



SIGNIFICANT IMPROVEMENTS IN TOTAL QUALITY OF LIFE³⁰



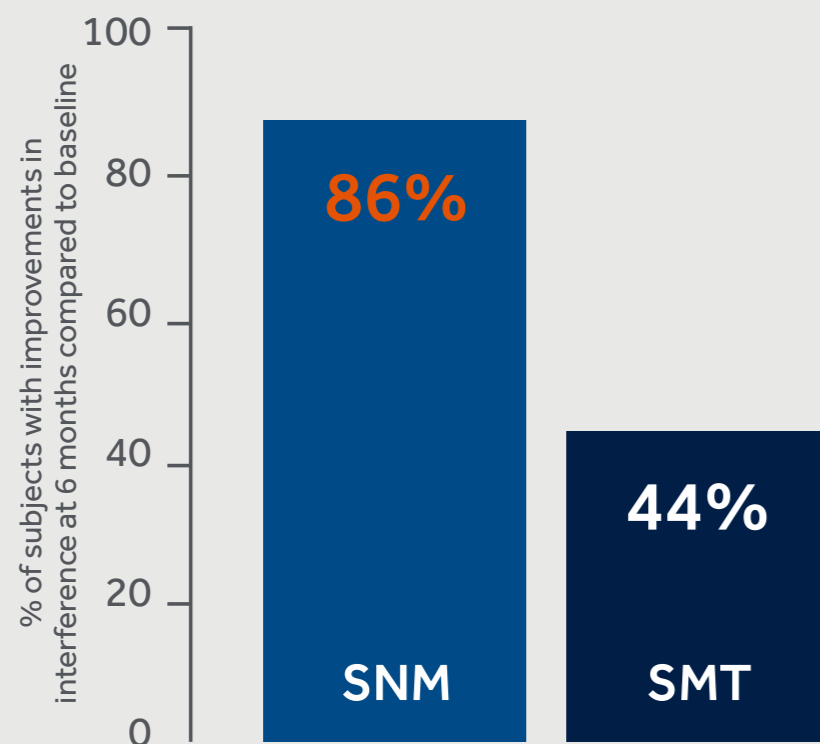
QOL was measured using the ICIQ-OABqol instrument

4x

Greater quality of life improvements with SNM than MID (the minimally important difference indicates meaningful changes for the patient)

Other specialized therapies >

GREATER REDUCTION IN **DAILY LIFE INTERFERENCE**³⁰



Subjects reporting improved or greatly improved symptom interference

≈ 2x

SNM subjects reported improved or greatly improved urinary symptom interference score compared to SMT at 6 months³⁰

Other specialized therapies



CONCLUSIONS

SNM VERSUS SMT³⁰

Siegel et al. concluded that after unsuccessful treatment with one or more anticholinergic medications, OAB subjects are more likely to benefit from SNM than an additional anticholinergic as a next step.



SAFETY³¹

1.

No unanticipated adverse device effects reported.

2.

The most common AEs were: undesirable change in stimulation; implant site pain and therapeutic product ineffective.

3.

The rate of device related AEs and surgical intervention remained considerably lower than in previously published studies using older techniques and devices.

SAFETY AND REVISION RATES³³

Complications with reoperation	Frequency in % (N=407)
Wound infection	2.2%
Back pain	1.0%
Pain in legs	1.2%
Pain at IPG site	8.8%
Lead migration	2.2%
Lead breakage	2.7%
Device malfunction	4.4%

Revision rates of 10% or lower have been reported in centers of excellence^{34, 39, 46}.

Complication rates from a large case series with more than 400 patients implanted between 2004 and 2014. The follow-up ranged from 1.6 – 121.7 months (median 28.9 months). 19% of the patients were revised and 14% were explanted³³.

Revision rates may vary greatly based on different implantation techniques, the surgeon's experience, the length of follow-up, the consideration of battery exchanges as revision surgeries and the number of salvage surgeries in the event of loss of effectiveness.



OTHER SPECIALIZED THERAPIES

BOTOX®

SNM (InterStim™)



ABC Trial



Pannek



Mohee

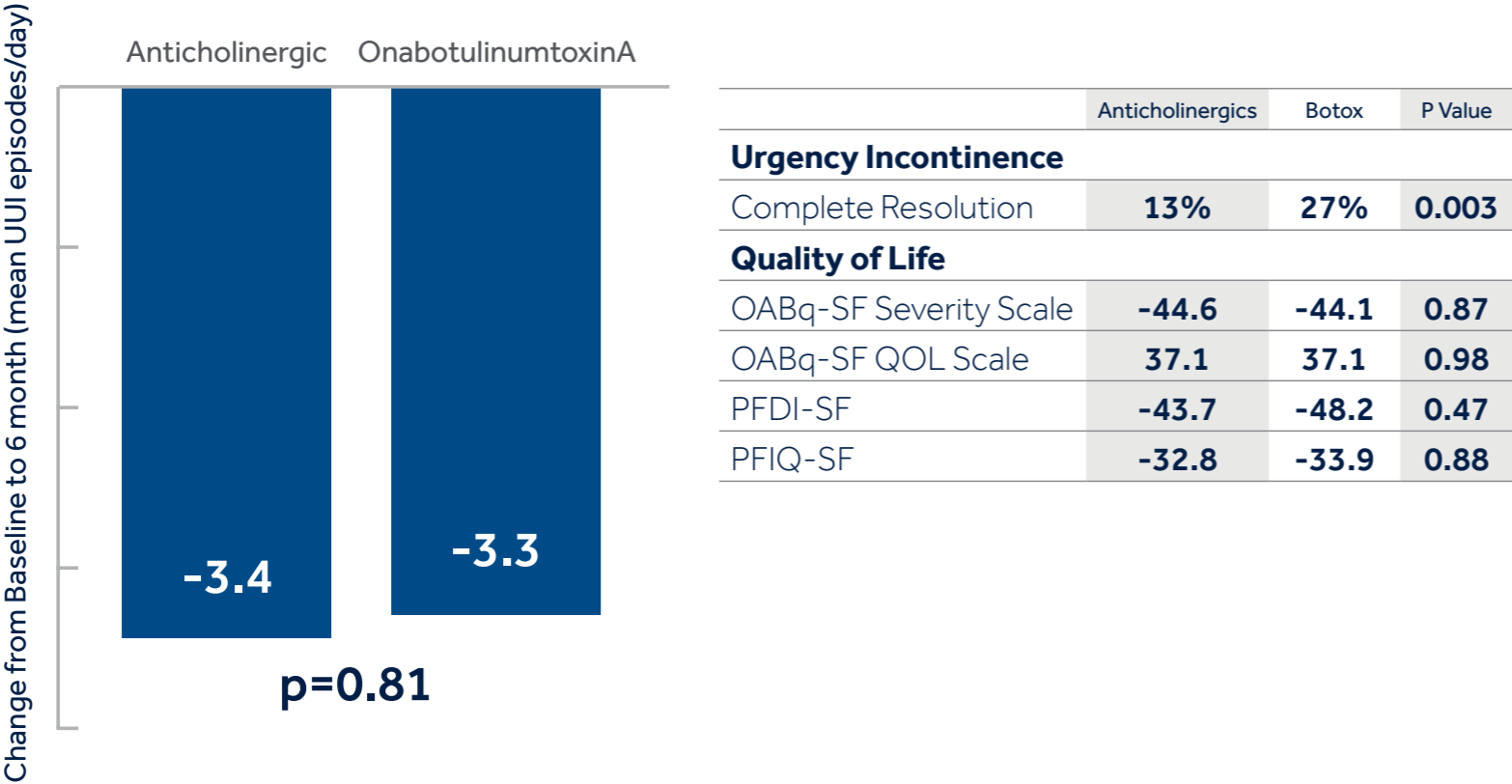


Marcelissen



BOTOX (100 U) VS. MEDICATIONS

SIMILAR EFFICACY AND QOL IMPROVEMENTS³⁵



ABC Study Results at 6 months³⁵

118 participants randomly assigned to the anticholinergic medication group and **113** assigned to 100 U onabotulinumtoxinA group completed the study at 6 months.

ABC

Pannek

Mohee

Marcelissen



BOTOX MAY LEAD TO IMPAIRED DETRUSOR CONTRACTION STRENGTH

Based on retrospective analysis of 27 neurogenic patients, Botox injections provide symptom relief but detrusor pressure remained significantly lower and did not return to baseline.

Authors suggest:

- **Detrusor contraction strength did not completely recover after Botox injections**
- **Detrusor contractility may decrease in patient repeatedly treated with Botox**

ABC



Pannek

Mohee



Marcelissen



BOTOX: ALMOST TWO-THIRDS DISCONTINUE AT 3 YEARS

Of Botox patients
who discontinued,

56%

Stopped due to
tolerability issues
(e.g., UTI, CISC)

44%

Due to lack of
symptom relief

61%

Discontinued therapy
at 3 years (n=137)

ABC



Pannek



Mohee

Marcelissen



BOTOX AND IDIOPATHIC OAB

HIGH DISCONTINUATION RATE³⁸

70%

stopped at mean
follow-up of 97 months
(N=128 women)³⁸

EAU

GUIDELINES

The discontinuation rate
of Onabotulinum toxin A
may be high²⁹.

Of those patients, who
discontinued Botox

79%

stopped after
first injecton³⁸

19%

stopped after
second injecton³⁸



1.

The first randomized study between SNM with InterStim[™] therapy and Botox (200 U).*

2.

After two years, there was no difference between both therapies in terms of primary outcome (reduction in urge incontinence episodes per day).

3.

SNM revision (3%) and removal rates (9%) were low at two years.

* Botox (200 U) is not licensed for idiopathic OAB²⁹.

** Dose ranging trials have shown that 200U Botox is more effective than 100U^{40,40b}.



SNM VERSUS BOTOX[®]

PATIENT PREFERENCES

Author	Year	Ref	BTX : SNM preference ratio
Balchandra	2014	41	1.0 : 0.35
Beusterien	2016	42	1.0 : 1.0
Hashim	2015	43	0.26 : 1.0
Fontaine*	2017	44	1.0 : 1.0
Nobrega	2018	45	0.5 : 1.0

There appears to be a significant disparity between clinicians and patient preferences for treatment of refractory OAB⁴⁵.

* SNM (PNE)



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REGULATORY STATEMENT

Sacral neuromodulation therapy provided by the InterStim™ system is indicated for the management of the following chronic intractable (functional) disorders of the pelvis and lower urinary or intestinal tract: overactive bladder, fecal incontinence, and nonobstructive urinary retention.

See the appropriate InterStim™ device manual for detailed information regarding the instructions for use, the implant procedure, indications, contraindications, warnings, precautions, and potential adverse events. If using an MRI SureScan® device, see the MRI SureScan® technical manual before performing an MRI. For further information, contact your local Medtronic representative and/or consult the Medtronic website at www.medtronic.com.

See the device manual for detailed information regarding the instructions for use, the implant procedure, indications, contraindications, warnings, precautions, and potential adverse events. For further information, contact your local Medtronic representative and/or consult the Medtronic website at www.medtronic.com



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Consult instructions for use at this website. Manuals can be viewed using a current version of any major Internet browser. For best results, use Adobe Acrobat Reader® with the browser.

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